



*"Save Our Generation for a Better World"*

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**PROGRAMS & ABSTRACTS BOOK**

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## GRATITUDE IN MARGINAL ADOLESCENT

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### ABSTRACT

Adolescence is a period of transition from children to adult. In this phase, adolescence experiences numerous demands from the environment. This loads would make adolescents experiencing feeling of distress. At this time adolescents also often compare themselves with their peers. In this study, researchers are interested to see how the adolescents, especially who are marginal or those who are living with lower social-economic status can be appreciative for what they have. Various turmoil on this phase and the harshness of life may influence how they give the meaning to their life and also be thankful for what they have. The study conducted by distributing questionnaires of gratefulness, open-ended questionnaires to 100 respondents and also interview with five adolescent who are fit with the criteria required. The results indicate that the level of gratefulness tends to be low. The percentile calculation shows that 51% respondents are in the low category. This result also supported by open ended responses that showed that 65% of adolescents are ungrateful for their life. The interviews also showed three out of five adolescents tend to be unappreciative. This condition may occur because they tend to see happiness in term of material think or actual think. This study also followed by second study to find out the source of happiness in marginal adolescent. This study showed that material thinks are really matters, because their feeling of lacking and because they did self-comparison.

Keywords: adolescent, marginal, gratefulness