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Self-esteem and Purpose in Life in Adolescent

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Abstract

Adolescence is a crucial phase of life. This is the phase for planning the future and the formation of self-concepts; as well as self-esteem. This study is aimed to determine the relationship between self-esteem and the purpose in life of the adolescents. The study was conducted by distributing Self-questionnaire and the purpose in life scale to 210 young people, unmarried; aged 11 to 24; according to the age limit of adolescent in Indonesia. This study is a correlational study, trying to find out the correlation of self-esteem and purpose in life. The results of this study indicate there is a significant positive relationship between self-esteem with the purpose in life of the adolescent with a correlation coefficient of $r = 0.625$ ($p = 0.000$), while the contribution of self-esteem to purpose in life is 39%. This result indicates that the self-esteem gives a significant contribution in determining the purpose in life.

Keywords: *adolescence, purpose in life, self-esteem*