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Driving Decision Making Training to Reduce Risky Driving Behavior in Adolescents

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Abstract

Traffic violations in Indonesia, especially by motorcycle drivers, are increasing and resulting thousands of deaths in adolescents. One of the important factor of these violations are decision making ability and it is improvable. This research aimed to see the effectiveness of driving decision making training to reduce risky driving behavior in adolescents. The training was held in two sessions, a week apart. The research design was quasi experiment one-group pretest-post test. The respondents were 40 boys and girls aging 15 – 16 years old who recently violate the traffic regulations. The result showed an increase of driving decision making score, but statistic computation using Paired Sample T-Test showed the P value of 0.739. This means that the increased score before and after attending the driving decision making training is not significant. This might happen because the training had only reached the cognitive level while driving decision making is actually in the behavior level.

Keywords: *driving decision making training, risky driving behavior, adolescents*